

NEWSLETTER

December 2022

ANNUAL TRIP ADDITION

Features of this newsletter:

- Coordinators wrap up
- Tribute to our friend Mary
- YPLO achievements
- Summer Holiday FUN Program
- Annual Trip recap
- Group summaries



Our good mate Trevor has left YP and moved to Melbourne! We wish him all the best on this journey and we can't wait to see what he gets up to over there!



HAPPY
Holidays
from
Yorke Peninsula Leisure Options



This term we welcomed new volunteer Aubs, he will be providing transport and helping out in Woodshed, Fun & Games and Trees group. Lauri has also started with us in Arts & Crafts, Cooking group and Fun & games as a student placement. They have both been great additions to the team, please make them feel welcome!



Find the Reindeer on each page.



COORDINATOR'S YEARLY WRAP UP



2022 has been a year where we have focused on sharing our stories and stretching ourselves to grow our confidence and abilities, showing our friends, families and our community our skills.

It has been a pleasure to share these stories through our newsletters and our social media account.

In term four we held our Annual Trip, staying 3 nights at the Victor Harbour Caravan Park and spent 4 days exploring the region. There were many highlights, beginning with the boat tour around the Islands opposite the coast where we joined by a very large group of dolphins and ending with a fantastic Karaoke night on our last night. We welcomed a new volunteer, Aubs and a student placement, Lauri, to our YPLO support team and farewelled a much loved member, Trevor, who has moved interstate.

We also worked on creating a safety video, working with councils wonderful safety officer Jules to create a video showcasing how members, learn about safe operating procedures and implement these into the Wood Shed when making projects. Together with councils People, Culture and Safety (PCS) team we took out Gold in the Safework month awards beating competitors from Built Environs and Adelaide Oval.

We were also very fortunate to have the PCS team join our groups during term 4 while Eleni completed a study tour in Indonesia with Uni SA.

Our achievements occur because of the amazing team we have!

Jaime and Eleni, thank you for the energy you bring to our service, for the care and support you provide to me and our members. You both truly create some magical moments and I am very honoured to be a part of such a fun and innovative team!

Finally, thank you to our volunteers, for sharing your skills, time and your friendship. I am so grateful for the many ways you enrich our program. From the kitchen, to the craft cupboards, the shed to the nursery, you all have such a diverse range of talents but all share this one thing in common, compassion and empathy to create a community that supports one another. A big thank you to our volunteers who start and finish their days earlier and later so we can provide transport too!

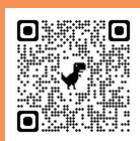
You literally keep the wheels running.

SAFE WORK AWARDS

YPLO collaborated with the council's safety team to produce a Safework Video. The video was shot and edited by MoggVisiauls a videographer from Adelaide. He did an amazing job highlighting the great job that the Woodshed group does to keep safe. While on our camp we found out that the video won the 2022 workplace activity competition by Safework SA (won by Ikea last year). We are so proud of this achievement and are so pleased that our hard work is being recognised on such a large scale. If you want to see the video it is available on the YPLO website.



Jarrad, Emily, Brian, Richelle and Cameron delivering safe work message.



Please let us know if you have any ideas for upcoming programs/groups. We are always looking for new ideas to keep the groups fresh and exciting for members. In the new year we plan to chat further with members and their support networks to create goals and individual needs for each group.

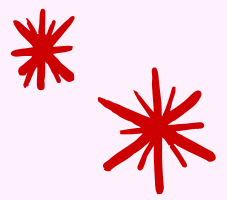
OUR DEAR FRIEND MARY



This year we said goodbye to our good friend Mary. Mary has been an integral part of the YPLO groups over the past decade and we miss her very deeply. She was such a fun and loving individual and we miss her great sense of humour and cheeky smile!



WOODSHED



Woodshed has been busy preparing for Christmas over the last term. Members have been creating Christmas trees for families. As you can see in the photos, they were pretty big and we have already taken orders for next year!

Please let Jaime know if you have any wooden projects that you want made, the group are always on the look out for new creations for the crew to whip up.



L-R: Richelle posing with Christmas tree. Aubs assisting Cameron with task. Emily and Brian working together. Barry holding drill up for Richelle.



FUN & GAMES



The Fun & Games group have had plenty on this term! Starting off with yoga and marble art work, members had a great time getting creative and trialling new art techniques. The following fortnight they had a go at paper mache pigs in the morning and watched a movie after lunch. The last few groups of the term have been Christmas oriented, making cards, going Christmas shopping and enjoying the Christmas party! We have had a brilliant time experimenting with activities this term, and we can't wait to see what next year has in store! The F&G program will come out in the last week of the holidays, keep your eye out for upcoming groups.



L-R: Clayton with paper mache hands. Jarrad and Beck having a laugh. Lauri, Jarrad, Wayne, Jenny, Clayton, Robbie, Jess, Henry and Aubs after putting up the tree.



COOKING GROUP



Our cooking group has accomplished heaps this term, with members continuing to develop their skills and work on the certificate program. We have made a lot of yummy dishes throughout the year and have been able to adapt old favourites. The cooking group did a marvellous job baking the food for the High Tea that we held to raise funds for the annual trip. We had great feedback about everything served and we can't wait to hold more events like this!

Please keep an eye out for next term program, it will be out before the term starts!



Please let Eleni know if you have any recipes you would like to recreate within group!

ALSO if anyone has ideas for fundraising events that YPLO could be a part of let us know!

Welcome to the YPLO high tea. Our morning tea guests enjoying their food.



ARTS & CRAFTS



YPLO groups with PAC & members standing with painted trees!



We only had three Arts and crafts groups this term because of the annual trip. Our first group of the year was with PAC and the Woodshed group, we celebrated the Melbourne cup with games and yummy food! Our following groups were lead by volunteers as Eleni was away. A massive thank you to Kathy, Nick and the PCS team for taking the lead. Members enjoyed creating colourful animal artwork and painting Christmas trees for display. We are all looking forward to next years projects!

Please let Eleni know what you would like to do in group! Ideas help with program development and ensure that members are doing what they want in group! Look out for next terms program in the coming months.





LIVING SKILLS

This year our Living Skills group set some goals! Over the year we supported our members to achieve these goals! Here's are some examples:



Kane wanted to learn how to cook a steak. Over the last term he has been practising his technique with support in Living Skills. Here is a picture of him grilling steak for sandwiches. Kane should be able to grill a steak to perfection now, what an awesome skill to have!



Jarrad set goals surrounding health and wellbeing, specifically becoming more active. With Tanya's support he set a goal to push Kane to Granite Island and back using the MT Push. This distance was approximately the length of Minlaton Main Street. He practised walking this distance over the course of the term and reached his goal on the Victor Harbour trip. We are really proud of his achievement and his willingness to get involved in new projects!



Trevor wanted to recreate a Queen video as this is his favourite band. We chatted about how this could be done and how he could be supported to reach this goal. We watched music videos and went op-shopping for outfits! His original goal was to perform at the Christmas show but as he left in November we had to improvise! Trevor performed Radio Ga Ga to everyone at Annual Trip. He did an awesome and we are so proud of him!

Robbie had goals around staying healthy and choosing good food choices. He did really well on camp finding the right balance of treating himself and eating healthy. He made sure to exercise after eating the treat foods and we are really proud of his choices!



Trevor and Kathy at Trevor's farewell party.

Our Living Skills group has done a marvellous job this term, smashing personal and group goals! Members have participated in a clean up day, an England cultural day, safety with council members, nutrition with Flinder's University and much more! Next years program will be out soon, keep an eye out! We would love to chat more with members and their support networks about future goals, we will endeavour to set up meetings in the new year.





TREES GROUP

The group has been busy seeding all term, they have done a wonderful job preparing for next years sales. Members have managed to finish seeding all trays and are excited to watch this seasons trees grow! We have started to propagating many old favourites and are trying some new ones. Members have collected native seeds from nearby areas led by volunteer extraordinaire Phil! We are looking forward to our greenhouse going up so that we are able to seed all year round and aren't so dependant on good weather.

YPLO had a stall at the Minlagawi 'Good Day' Nature Festival on the 13th of October. The group gave away *Melaleuca Lanceolata*, Drooping Sheok & Pigface to attendees. This was a great opportunity for the group to advertise what we do in the group. The member also joined in to the activities that were on offer, such as bongo drumming, basket weaving and snake holding! Members had a great day despite being rained out at the end.





URRIMBIRA WILDLIFE PARK



ANNUAL TRIP



What a brilliant time away we had! Our camp this year was planned entirely by the members, they chose accommodation, places to eat and activities. We stayed at the Victor Harbor Cabin Park for the duration of our stay. We enjoyed the onsite facilities that this park provided, this included a water park with slides, mini golf and jumping pillow! Our daily activities included riding the horse drawn cart to Granite Island/walking, a Big Duck Boat dolphin cruise, Urimbirra wildlife park and karaoke.

We enjoyed pizza from Nino's, the donut of the month from Port Elliot Bakery and scrumptious meals at Hotel Victor. Members had a brilliant time away and are excited for next year's annual trip. We will start our fundraising for this camp in the new year, so keep your eye out for upcoming events.



More picture are available on our Facebook page.



January

2023

SUMMER HOLIDAY PROGRAM

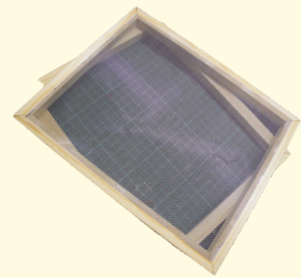
All groups
10am-2:30pm



PAPER MAKING!

Tuesday the 17th

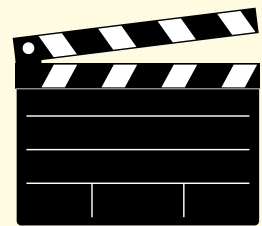
Bring lunch & wear old clothes.



Thursday the 19th

Bring lunch & comfortable clothes.

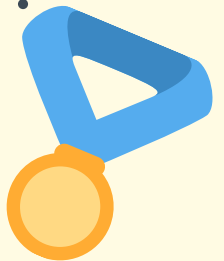
MOVIE DAY!



Tuesday the 24th

Bring lunch, comfortable clothes and running shoes.

SPORTS DAY!



Wednesday the 25th

Bring \$ for lunch @ beach.
Wear sun smart clothes & bring water!

BEACH DAY!



** Tree propagation group will be running on the 20 & 27th of January.

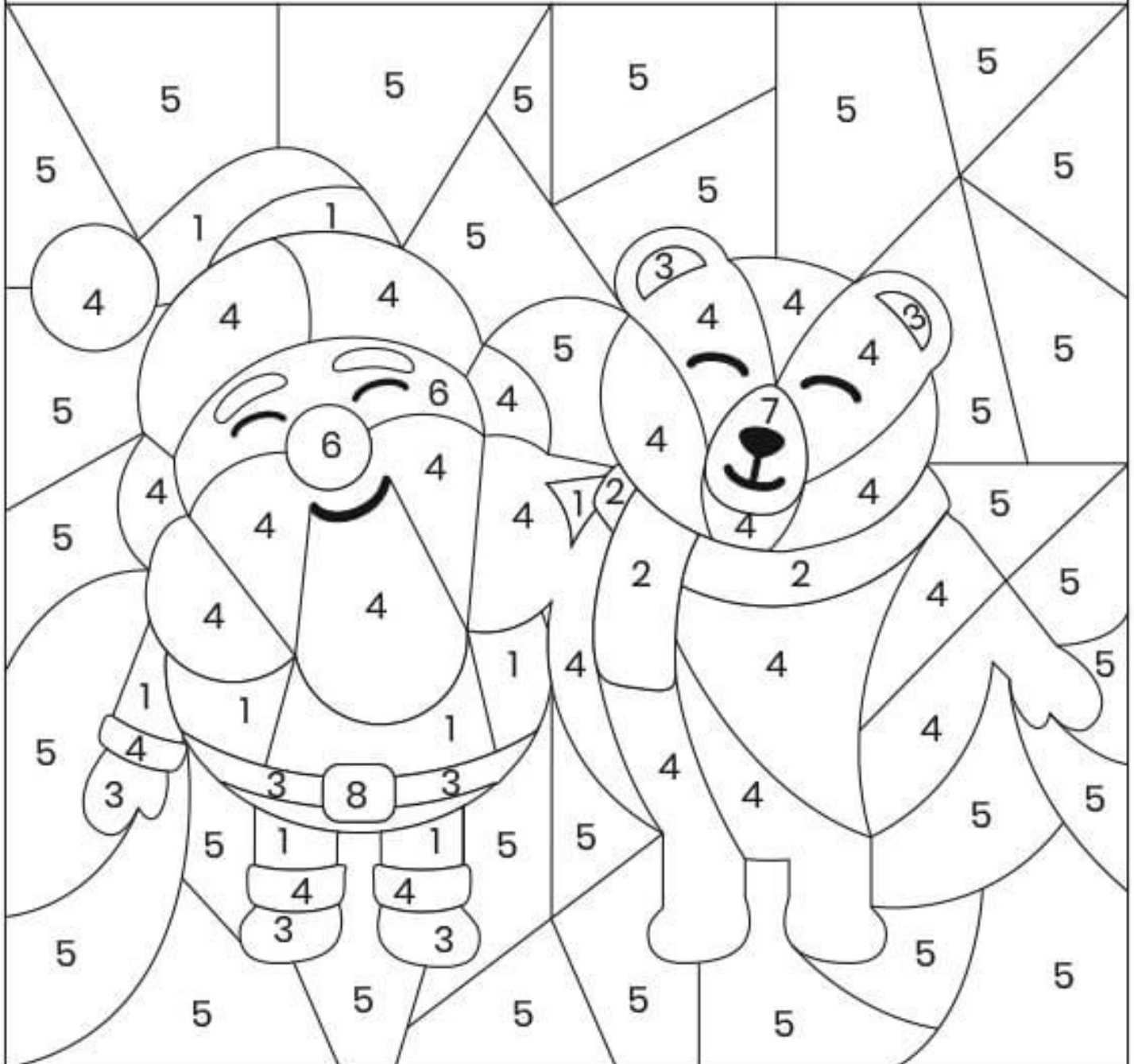
Members are required to bring wide brimmed hat and sunscreen as well as appropriate clothing to group.

Name _____



Christmas Color By Number

Directions: Color the picture according to the code.



Red	1	Green	2	Black	3	White	4
Sky Blue	5	Skin	6	Brown	7	Yellow	8

Happy New Year



JANUARY

2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 HOLIDAY FUN PAPER MAKING	18	19 HOLIDAY FUN MOVIE DAY	20 TREE PROPAGATION	21	22
Start of Term One 23	24 HOLIDAY FUN SPORTS DAY	25 HOLIDAY FUN BEACH DAY	26 AUSTRALIA DAY PUBLIC HOLIDAY	27 TREE PROPAGATION	28	29
30 WOOD SHED ARTS & CRAFT	31					

FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 LIVING SKILLS 10AM TO 4PM	2	3 TREE PROPAGATION	4	5
6	7 WOOD SHED PROJECT COOKING	8 LIVING SKILLS 10AM TO 4PM	9 FUN & GAMES	10 TREE PROPAGATION	11	12
13	14 WOOD SHED ARTS & CRAFT	15 LIVING SKILLS 10AM TO 4PM	16	17 TREE PROPAGATION	18	19
20	21 WOOD SHED PROJECT COOKING	22 LIVING SKILLS 10AM TO 4PM	23 FUN & GAMES	24 TREE PROPAGATION	25	26
27	28 WOOD SHED ARTS & CRAFT					

Yorke Peninsula Leisure Options

2023

