

*Agriculturally rich-Naturally beautiful*

## *Yorke Peninsula Council*

### **NOTICE OF MEETING**

Notice is hereby given that the next ordinary meeting of Council  
will be held on Wednesday 9<sup>th</sup> November 2016,  
in the Council Chambers,  
57 Main Street, Minlaton commencing at 5.30pm

Andrew Cameron  
CHIEF EXECUTIVE OFFICER

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## **A G E N D A**

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### ITEM 1      YORKE PENINSULA COUNCIL

- 1.1      Welcome by Mayor – meeting declared opened
- 1.2      Opening Prayer
- 1.3      Present
- 1.4      Leave of absence
- 1.5      Apologies

## CHIEF EXECUTIVE OFFICER

### IA/ITEM 4.3

#### 1. STRONGER COMMUNITIES GRANT FUNDING SUCCESS

##### **PURPOSE**

To inform Elected Members of a recent successful grant submission under the Stronger Communities Federal Grants Programme.

##### **RECOMMENDATION**

That the report be received.

##### **LINK TO STRATEGIC PLAN**

Goal:	4 Community Engaged and Supported
Strategy:	4.1 Invest in youth activities and events 4.7 Foster productive working relationship with Progress Associations
Goal:	5 Responsible Governance
Strategies:	5.2 Effective leadership and informed decision making 5.4 Seek alternate income streams and ensure financial sustainability 5.10 Celebrate, communicate and promote Council's achievements

##### **BACKGROUND**

Elected Members would be aware that staff continue to research and seek funding opportunities to increase Council's ability to support and work with local communities to provide projects and facilities that improve and enhance community well-being, build capacity and provide connections and collaboration.

##### **DISCUSSION**

Utilising the existing Youth Activities programme as the springboard, the Governance Officer has researched and successfully sourced funding under the Stronger Communities Federal Grants programme for a project entitled Active Ardrossan and Energised Edithburgh outdoor gym and nature play space.

The anticipated project cost is \$44,000 (GST inclusive) with Council receiving a 50% contribution through the funding programme. Other in-kind support will be provided by Country Health SA, Ardrossan and Edithburgh Progress Associations, with Council contributing the remaining 50% from within the Youth Services budget.

The project description outline is to provide outdoor gym equipment and nature play spaces for Ardrossan and Edithburgh townships. The Progress Associations and members of both the Ardrossan and Edithburgh communities have identified that outdoor gym equipment and landscaping on their foreshore areas would be of significant benefit to the communities.

Local schools will be involved with the design and development of the space and landscaping of the area which will include areas of nature play for young people.

Natural spaces offer the best opportunities for children to play freely outdoors. Nature play has flow on benefits in health, cognitive, social and emotional development and in the building of resilience and creativity.

The project outcomes identified within the application are as follows:

- Development of an outdoor gym equipment and nature play spaces at Ardrossan and Edithburgh.
- Young people from the local schools working together with the Ardrossan Progress Association, Edithburgh Progress Association and Yorke Peninsula Council in the design and landscaping of the gym and nature play space. This will provide young people and adults within the communities an opportunity to mentor and learn from each other, have ownership for the community asset that they are developing and contribute to community vibrancy and viability.
- There are no gym facilities in Ardrossan or Edithburgh and the outdoor free gym equipment will allow members of the community to utilize the equipment to improve their health and to participate, particularly the disadvantaged. This fits with the Yorke Peninsula's commitment in the Yorke Peninsula Alliance Regional Public Health Plan 2014-2020 priority area of "increasing opportunities for healthy living, healthy eating and being active".
- There will be opportunities for local sporting clubs and community groups to utilize the gym equipment as groups to increase social interactions in an active way.

This project is another way to showcase to the community, how a collaborative, partnership approach can achieve the goals and aspirations of the Council and community providing positive outcomes for all involved. We look forward to seeing this project come to fruition and providing a long term sustainable outdoor gym and space, in these communities, contributing to increased well-being. The Governance Officer is to be commended on her initiative and the pro-active way she is building relationships with community partners to achieve great outcomes.

#### **COMMUNITY ENGAGEMENT PLAN**

Level 1 – Inform

Information will be made publicly available via Council's website.

#### **CONSULTATION PROCESS**

In preparing this report, the following Yorke Peninsula Council officers were consulted:

- Chief Executive officer
- Governance Officer

In preparing this report, the following External Parties were consulted:

- Nil

**POLICY IMPLICATIONS**

Nil

**BUDGET AND RESOURCE IMPLICATIONS**

The anticipated total project cost is \$44,000 (GST inclusive) with financial and in-kind support being provided from both Ardrossan and Edithburgh Progress Associations, Country Health SA, Council and the provision of grant funding, the Council's contribution has been included in the Youth Activities budget.

**RISK/LEGAL/LEGISLATIVE IMPLICATIONS**

Local Government Act 1999

**ATTACHMENTS**

Nil



**GYM PLANS...** Yorke Peninsula Council youth worker Steve McNeair, ParkFit representative Callum Anderson, Yorketown Area School student Josh Absalom, Edithburgh Progress Association president John Edwards and personal trainer Brenton Burt discuss plans for the proposed outdoor gym on the Edithburgh foreshore.

## Plans for outdoor gym

## Mary Herrmann

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**From:** Mary Herrmann  
**Sent:** Tuesday, 2 May 2017 10:22 AM  
**To:** 'jvdv2@bigpond.com'  
**Subject:** Outdoor Gym Equipment  
**Attachments:** ParkFit Brochure Colour.pdf

Dear Julie,

Please find attached a brochure providing details of the equipment. The Project Team, which is made up of students from Yorketown Area School, the Edithburgh Progress Association and YP Council representatives (myself and Steve McNeair), in consultation with local personal trainers have selected the SSPF-0002 combination (catalogue page 5), the Bench Press and the Quad Extension (catalogue page 7). The idea is to enhance the Walk the Yorke Experience too. Thank you for taking the time to contact me and provide feedback. I welcome and look forward to hearing your thoughts.

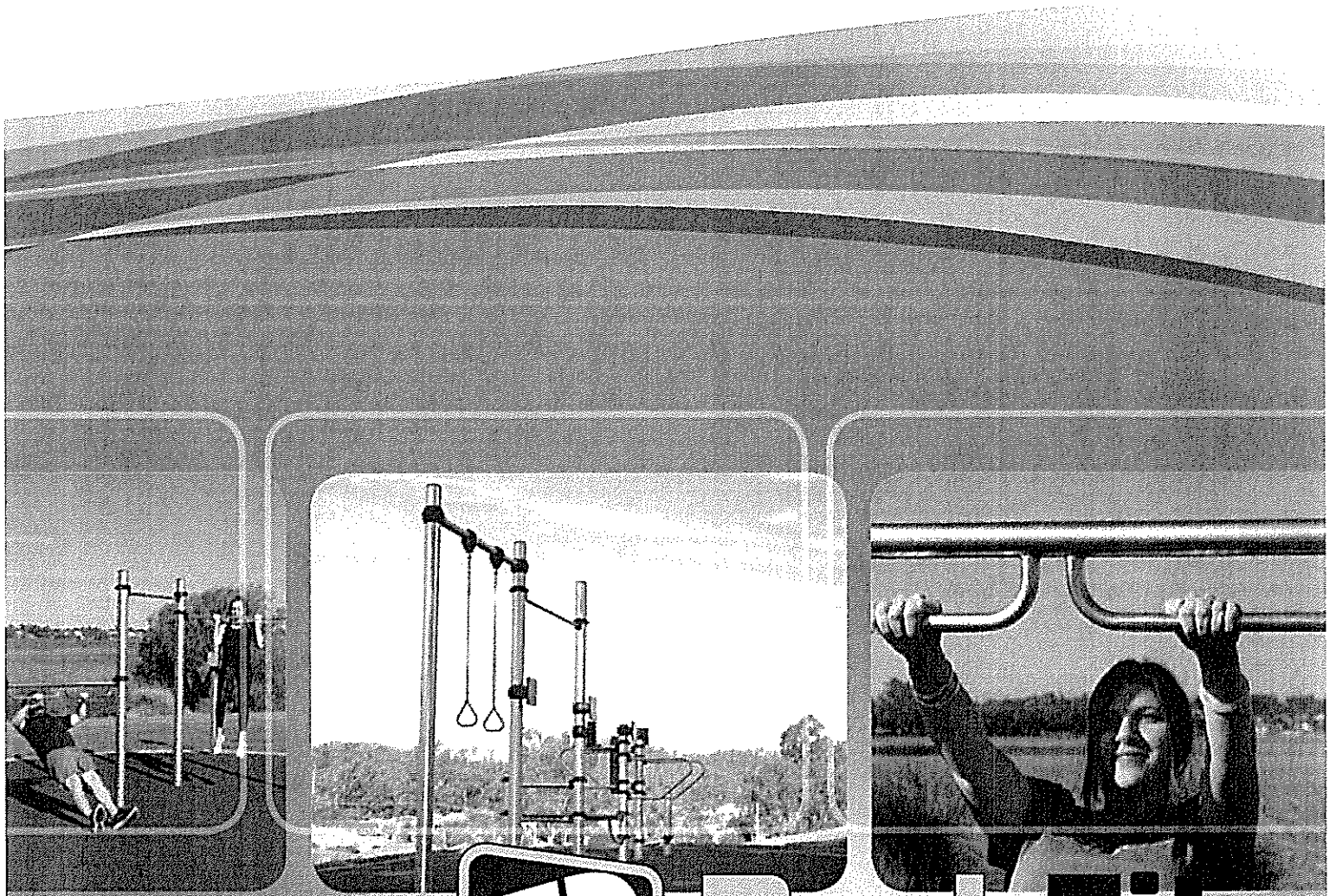
If we can afford it, the Project Team are keen to do a professional surface like what is shown in the brochure.

Kind Regards,

Mary Herrmann | Governance Officer  
Yorke Peninsula Council | Principal Office - Maitland  
Ph: 08 – 8832 0000 | F: 08-8853 2494  
E: [mary.herrmann@yorke.sa.gov.au](mailto:mary.herrmann@yorke.sa.gov.au) | W: [www.yorke.sa.gov.au](http://www.yorke.sa.gov.au)

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**ParkFit**

**Healthy Body, Healthy Life**

## Outdoor Fitness Equipment Catalogue

Proudly manufacturing outdoor fitness equipment in Australia since 2004



**To keep the body in good health is a duty...  
otherwise we shall not be able to keep  
our mind strong and clear. Buddha**

We all understand the need to live an active lifestyle – exercising body and mind keeps us fit, healthy and literally – full of life!

Most of us would agree that it's not always easy to find the time or place to exercise – although we know we should! Our health and wellbeing depend on it. Increasing health issues like obesity, heart disease and diabetes mean that finding opportunities to increase our physical fitness, is more important than ever before. And, if we can find fun and convenient ways to take on a challenge, stick to a routine, and enjoy the beautiful outdoors – then we have a far greater chance of improving our health and our life.

Forpark is proud to deliver the most innovative development in outdoor fitness equipment seen in Australia. Forpark has been a market leader in designing and manufacturing outdoor fitness equipment for the past decade, and we are excited about our newest range – ParkFit.

ParkFit was developed with a focus on promoting physical fitness and encouraging users to get outside, get active and build a stronger, healthier body. The ParkFit range includes a combination of moving and static stainless steel apparatus that provide a complete and balanced exercise experience.

Designed and manufactured in Australia, utilising the latest and best European technology, ParkFit offers the best of Australia with a European flavour! Incorporating the latest Rubber Resistance System (RRS) technology, ParkFit offers a completely unique level and type of workout, previously unseen in Australia.

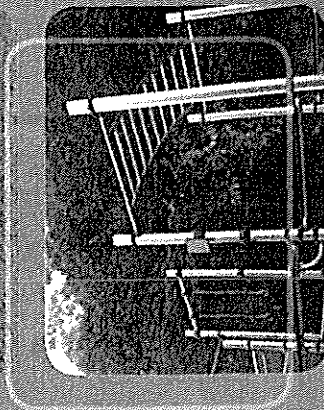
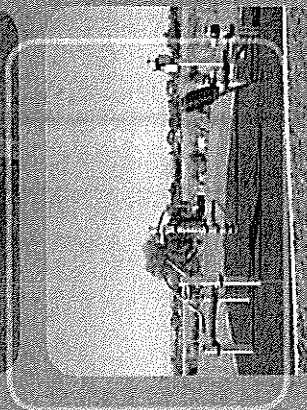
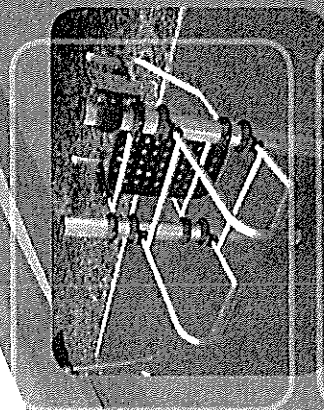
ParkFit is also manufactured from the highest quality materials, including 316 electro polished stainless steel, anodised aluminium and injection moulded glass filled nylon. This combination of materials and innovative design give ParkFit its distinctive, sleek, progressive look. ParkFit has the body and the brains.

ParkFit is for a Healthy Body and Healthy Life.



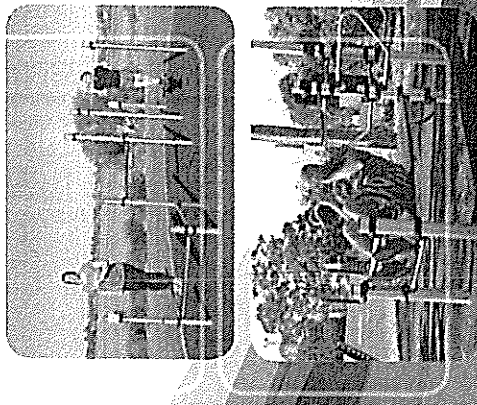
## Contents

Introduction .....	1
Why ParkFit .....	2
Combinations .....	4
Components .....	6
Technical Information .....	8



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Forpark Australia reserves the right to change designs and colours without prior notification.





ParkFit is the most innovative range of fitness equipment ever seen in Australia. From its unique design, high quality materials, low maintenance and impressive style, the question is more like, why not ParkFit?

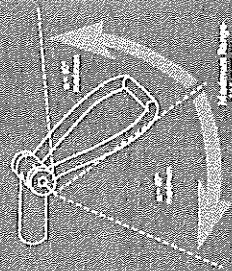
### Unique Functionality

ParkFit has been developed through consultation with health and fitness professionals, including sports physiotherapists and personal trainers. ParkFit is designed with the aim of providing a unique and diverse exercise experience, with an emphasis on promoting health and general well-being. ParkFit offers a different experience from the traditional 'bearing and lever' based systems currently in the market.

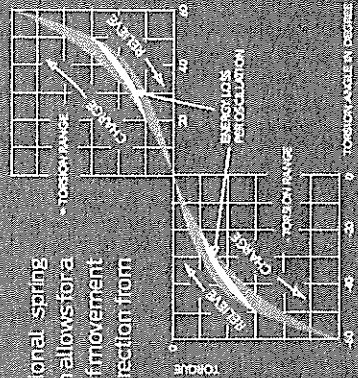
The design of ParkFit's moving items is based on RRS technology. Resistance in these units is designed to increase throughout range of movement, which allows for an optimal range of muscle movement. As no two people are the same, this system will allow users to work within their own capacity while maximising their experience.

### RRS Technology (Rubber Resistance System)

The ParkFit range utilises rubber resistance system technology, increasing the longevity of the product and reducing the need for maintenance.



The level of resistance increases exponentially throughout the range of movement (torque) away from rest (charge). As the unit returns to rest position (relieve) the energy loss per oscillation produces a resultant damping effect.



### Quality

ParkFit is manufactured from the highest quality materials including Marine Grade 316 electro polished stainless steel, anodised aluminium and injection moulded glass filled nylon. The use of these materials provides the highest level of corrosion protection available, making ParkFit the perfect option for coastal areas.

### Integrated Design

ParkFit is a streamlined and fully integrated fitness system. With an exceptional level of design flexibility, combinations of equipment, both moving and static, can be tailored to suit any set of requirements. Whether you are looking for a casual, relaxed work out, or High Intensity Interval Training, like Crossfit training, ParkFit has something to offer everyone.

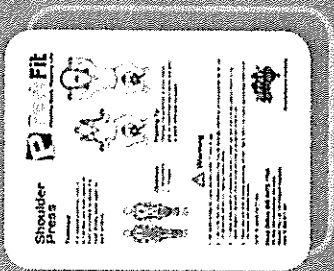
### Signage

All ParkFit components have been developed with a streamline format signage to tie in with the overall look of the range. This signage provides important information to the user on how to use the item, which muscle groups are developed, training tips to optimise your experience and important health warnings.

### Maintenance & Warranty

Unlike current bearing and lever systems, ParkFit has been designed to minimise the number of moving parts therefore reducing required maintenance. RRS technology has an increased expected lifespan when compared to a bearing, increasing the longevity of the ParkFit range. Coupled with the use of high quality materials, such as 316 stainless steel, ParkFit is the new era in fitness equipment.

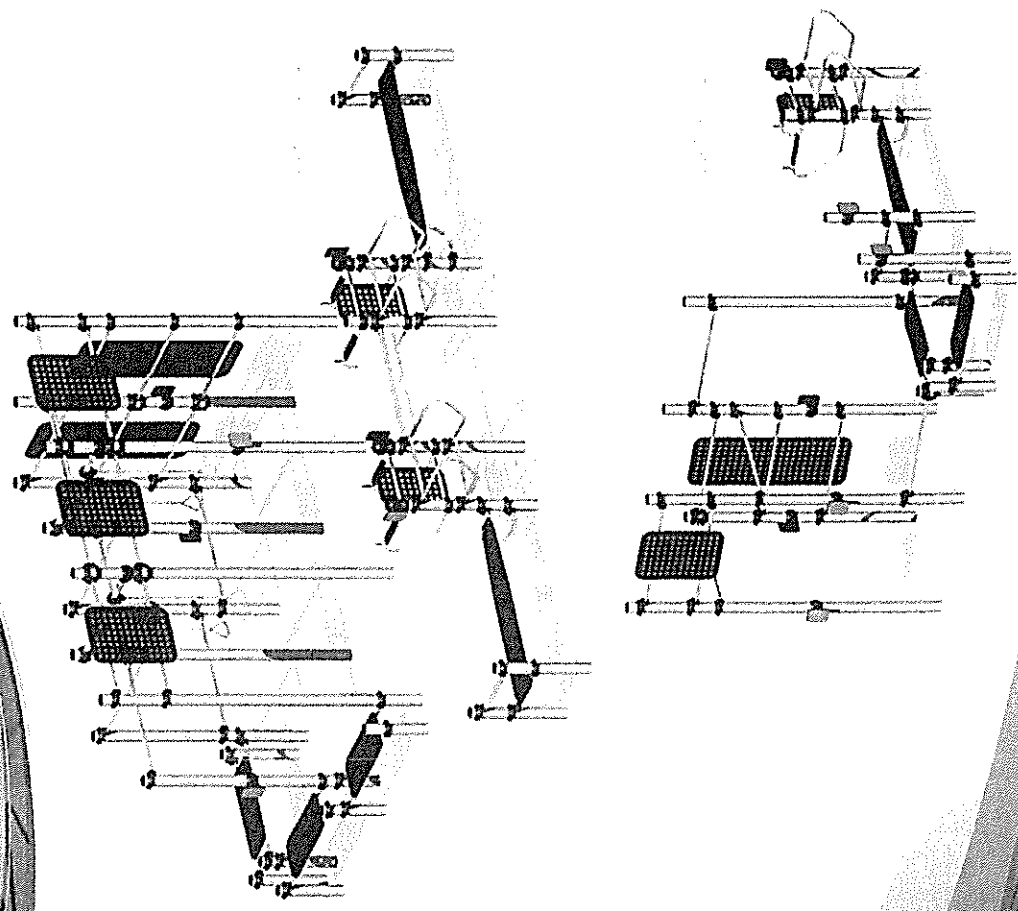
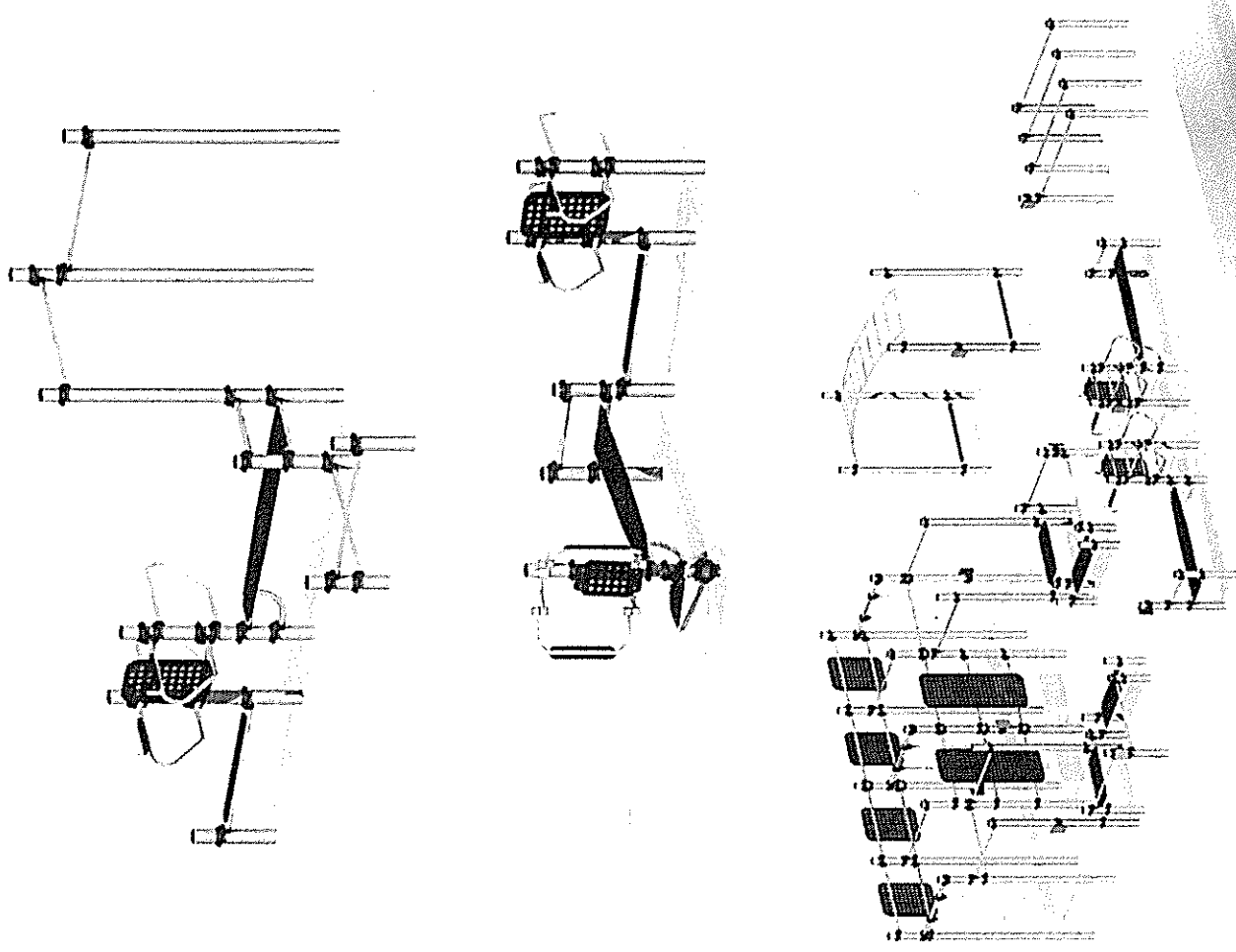
ParkFit is also covered by an extensive 25 year Guarantee of Quality and backed up by Forpark Australia's 30 plus years of manufacturing experience.



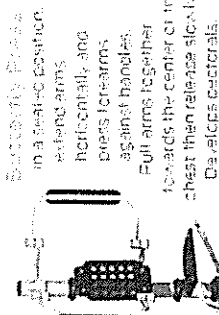


Parafit offers a great degree of design flexibility. Whether you are looking to create a space, work out environment, or to satisfy the needs of the high intensity interval training enthusiasts, a Parafit combination will tick all your boxes.

# COMBINATIONS

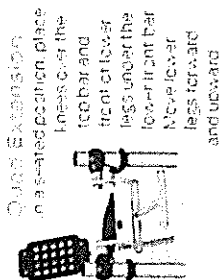


### Bench Press



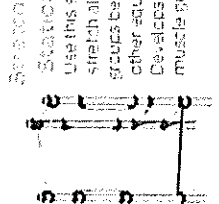
in a seated position, extend arms horizontally, and press forearms against handles. Pull arms together towards the center of the chest then release slowly. Develops pectorals.

### Shoulder Press



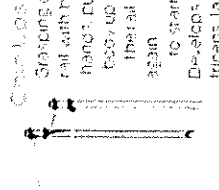
in a seated position, place knees over the feet, hold onto the bar and push upwards from shoulders to above the head. Slowly lower again to start position. Develops shoulders & triceps.

### Squat



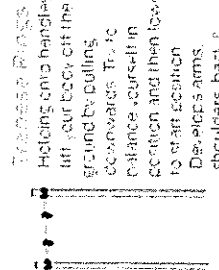
Use this station to stretch all muscle groups before using other equipment. Develops all muscle groups.

### Overhead



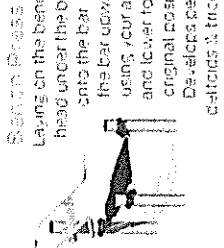
Starting overhead rail with both hands pull your body up towards the rail, lower again to start position. Develops triceps & abdominals.

### Traverse Rings



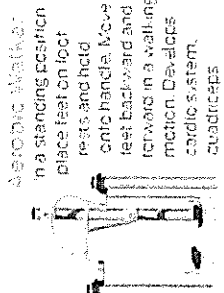
Holding onto handles lift your body off the ground by pulling downwards. Try to balance yourself in position and then lower to start position. Develops arms, shoulders, back & abdominals.

### Bench Press



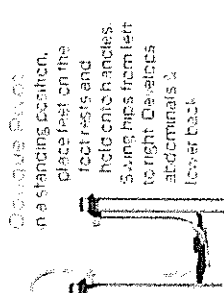
Laying on the bench with head under the bar, hold onto the bar. Push the bar upwards using your arms and lower to the original position. Develops pectorals, deltoids & triceps.

### Aerobic Workout



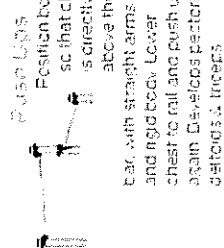
in a standing position, place feet on the feet rests and hold onto handle. Move feet backward and forward in a walking motion. Develops cardio system, quadriceps & hamstrings & calves.

### Overhead Press



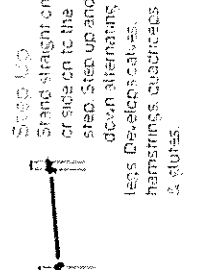
in a standing position, place feet on the feet rests and hold onto handle. Swing hips from left to right. Develops abdominals & lower back.

### Pull Ups



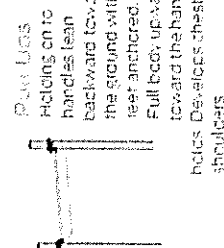
Position body so that chest is directly above the bar, with straight arms and rigid body. Lower chest to rail and push up again. Develops pectorals, deltoids & triceps.

### Step Up



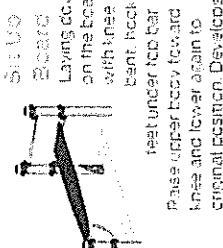
Stand straight on or side on to the step. Step up and down alternating legs. Develops calves, hamstrings, quadriceps & glutes.

### Pull Ups



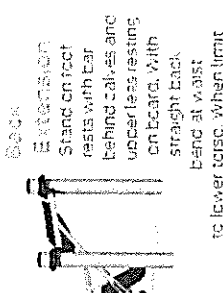
Holding on to handles lean backward toward the ground with feet anchored. Full body upward toward the hand holds. Develops chest & shoulders.

### Sit Up



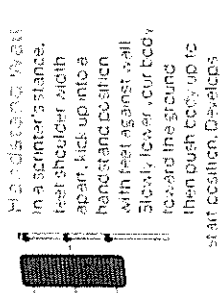
Place upper body forward knee and lower arm to original position. Develops abdominals, obliques & lower back.

### Back Extension



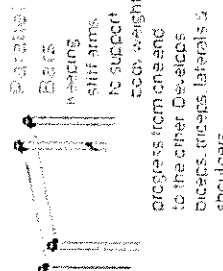
Stand on foot rests with bar behind calves and upper legs resting on board. With straight back bend at waist to lower torso, when limit reached raise torso to start position. Develops lower back, glutes & hamstrings.

### Handstand Wall



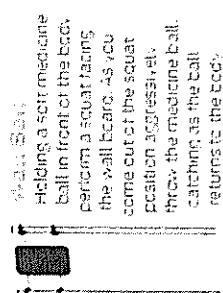
feet shoulder width apart, kick up into a handstand position with feet against wall. Slowly lower your body toward the ground then push body up to start position. Develops shoulders & triceps.

### Parallet Bars



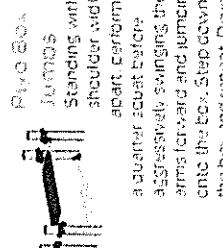
Bars, kneeling stiff arms to support body weight, progress from one end to the other. Develops biceps, triceps, laterals & shoulders.

### Wall Ball



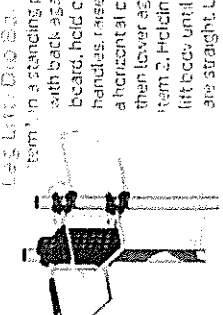
Holding a soft medicine ball in front of the body, perform a squat facing the wall. As you come out of the squat throw the medicine ball, catching as the ball returns to the body and repeat. Develops quadriceps & shoulders.

### Pivot Box



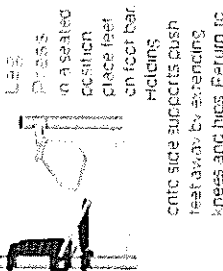
Standing with feet shoulder width apart, perform a quarter squat before aggressively swinging the arms forward and jumping onto the box. Step down from the box and repeat. Develops hamstrings & calves.

### Leg Lift, Diagonal



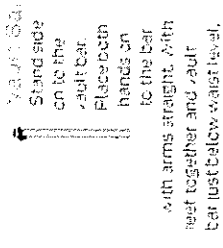
in a standing position with back against board, hold onto handles, raise legs to a horizontal position then lower again. Lift body until elbows are straight. Lower and repeat. Develops chest, arms, shoulders & abdominals.

### Leg Press



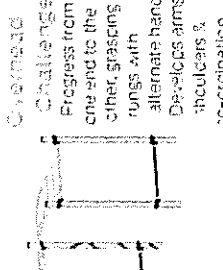
in a seated position, place feet on foot bar. Holding onto side supports push feet away by extending knees and hips. Return to original position. Develops quadriceps, glutes & calves.

### Vault Bar



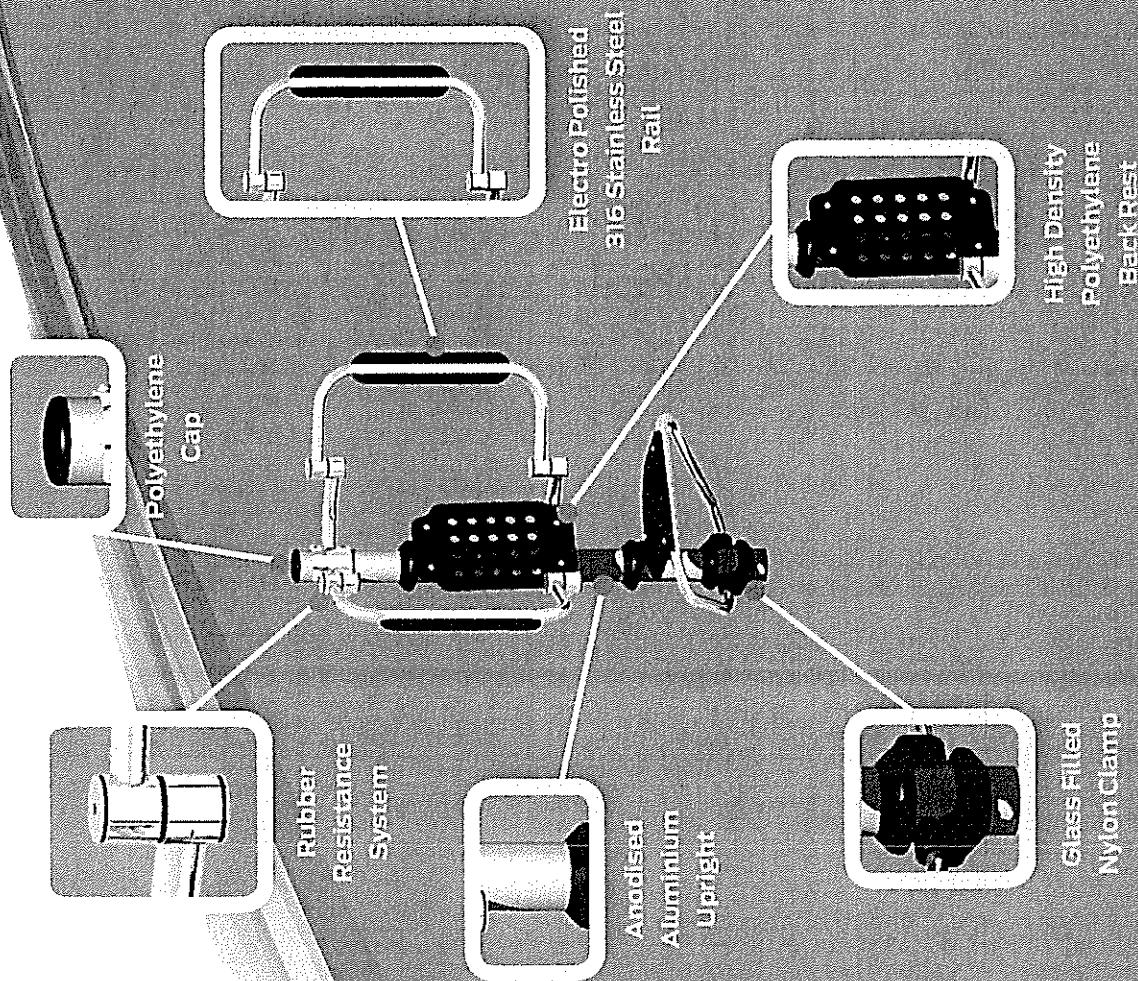
Stand side on to the vault bar. Place both hands on the bar with arms straight. With feet together and vault bar just below waist level, actively jump sideways over the bar. Reset and jump back to starting position. Develops calves, hamstrings & quadriceps.

### Overhead Challenge



Progress from one end to the other, grasping rings with alternate hands. Develops arms, shoulders & co-ordination.





#### Material Specifications

**Uprights:** Aluminium Pipe 1011x6. 6005A T5, Anodised Frosted Silver 15um  
**Frames, Arms, Rails, Plates, Supports:** Electro Polished & Passivated Stainless Steel, Grade 316

**Joints:** Rubber Resistance System

**Bearings:** Stainless Steel, Grade 316

**Fasteners:** Security, Stainless Steel, Grade 304

**Clamps:** Nylon-30% Glass Filled

**Caps:** Stainless Steel, Grade 316 & Polyethylene

**Seats, Back and Arms Supports:** High Density Polyethylene

**Sign Plaques:** Anodised Aluminium

#### Quality Guarantee

**25 Year Guarantee** on all aluminium and stainless steel components.

**10 Year Guarantee** on all plastic components.

**10 Year Guarantee** on all moving parts.

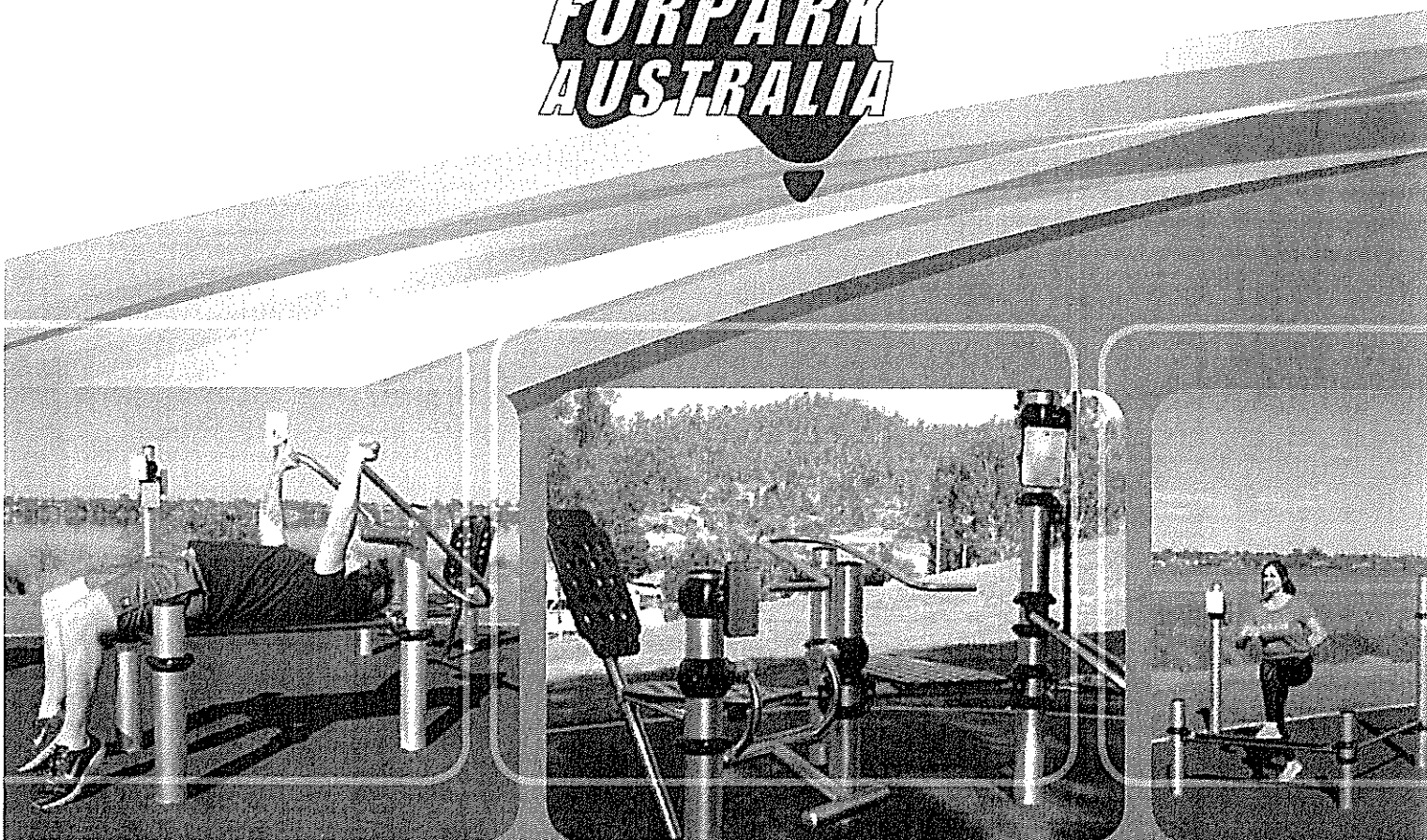
For the full ParkFit Guarantee of Quality please speak to your local ParkFit representative.

#### Standards

ParkFit has been designed, and independently certified, to satisfy the design and manufacture requirements of AS 4685-2014.



# FORPARK AUSTRALIA



[www.forparkaust.com.au](http://www.forparkaust.com.au)

## Western Australia

PO Box 484  
Cloverdale 6985  
Ph: (08) 9472 1788  
Fax: (08) 9472 1799

## Victoria

Unit 24/21 Eugene Tce  
Ringwood 3134  
Ph: (03) 9870 0233  
Fax: (03) 9870 2079

## New South Wales

PO Box 5113  
Greenwich NSW 2065  
Tel: (02) 9966 9945  
Fax: (02) 9966 9946

## North Queensland

PO Box 4873  
Cairns QLD 4870  
Phone (07) 4033 5433  
Fax (07) 4054 3354

## South Australia

PO Box 715  
Modbury 5092  
Ph: (08) 8283 3611  
Fax: (08) 8283 3644

## Tasmania

PO Box 1355  
Rosny Park 7018  
Ph: 03 6248 5070  
Fax: 03 6248 5586

## Queensland

PO Box 876  
Capalaba QLD 4157  
Phone: (07) 3390 2188  
Fax: (07) 3390 2133

## Northern Territory

PO Box 715  
Modbury 5092  
Ph: (08) 8283 3611  
Fax: (08) 8283 3644

## Mary Herrmann

---

**From:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Sent:** Tuesday, 2 May 2017 4:18 PM  
**To:** Mary Herrmann  
**Subject:** Re: Outdoor Gym Equipment

Hi Mary thank you for sending the information.

The equipment is far bigger than we imagined and as discussed we are very disappointed that there has been no consultation from the progress association with home owners who will have their view impacted by this equipment.

As mentioned when there is heavy rain like it was at Easter that area flooded as the water flows out of the drain. No car parking facility off road.

This is why we feel it would be better placed on the lawn by the swimming pool as you have parking, toilets, barbecue facilities all in one area.

We have built this new home to maximise the view and this would be obstructed by the gym therefore we would appreciate consideration for not having the gym at cross street but instead the swimming pool or playground.

We await your reply we would be particularly disappointed if this goes ahead.

Regards

Julie van der veer

Sent from my iPad

On 2 May 2017, at 10:51 am, Mary Herrmann <[Mary.Herrmann@yorke.sa.gov.au](mailto:Mary.Herrmann@yorke.sa.gov.au)> wrote:

Dear Julie,

Please find attached a brochure providing details of the equipment. The Project Team, which is made up of students from Yorketown Area School, the Edithburgh Progress Association and YP Council representatives (myself and Steve McNeair), in consultation with local personal trainers have selected the SSPF-0002 combination (catalogue page 5), the Bench Press and the Quad Extension (catalogue page 7). The idea is to enhance the Walk the Yorke Experience too. Thank you for taking the time to contact me and provide feedback. I welcome and look forward to hearing your thoughts.

If we can afford it, the Project Team are keen to do a professional surface like what is shown in the brochure.

Kind Regards,

Mary Herrmann | Governance Officer  
Yorke Peninsula Council | Principal Office - Maitland  
Ph: 08 – 8832 0000 | F: 08-8853 2494  
E: [mary.herrmann@yorke.sa.gov.au](mailto:mary.herrmann@yorke.sa.gov.au) | W: [www.yorke.sa.gov.au](http://www.yorke.sa.gov.au)

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<ParkFit Brochure Colour.pdf>

## Mary Herrmann

---

**From:** Mary Herrmann  
**Sent:** Monday, 8 May 2017 12:37 PM  
**To:** Julie Van Der Veer  
**Subject:** HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87010

Thanks very much for your feedback Julie. Really appreciate it. I will explain your concerns to the Project Team and get back to you as soon as I can. They were supposed to meet today but unfortunately Steve (working for Council) is away ill and the meeting was cancelled.

Kind Regards,  
Mary.

**From:** Julie Van Der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Tuesday, 2 May 2017 4:18 PM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
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This is why we feel it would be better placed on the lawn by the swimming pool as you have parking, toilets, barbecue facilities all in one area.

We have built this new home to maximise the view and this would be obstructed by the gym therefore we would appreciate consideration for not having the gym at cross street but instead the swimming pool or playground. We await your reply we would be particularly disappointed if this goes ahead.

Regards

Julie van der veer

Sent from my iPad

On 2 May 2017, at 10:51 am, Mary Herrmann <[Mary.Herrmann@yorke.sa.gov.au](mailto:Mary.Herrmann@yorke.sa.gov.au)> wrote:

Dear Julie,

Please find attached a brochure providing details of the equipment. The Project Team, which is made up of students from Yorketown Area School, the Edithburgh Progress Association and YP Council representatives (myself and Steve McNeair), in consultation with local personal trainers have selected the SSPF-0002 combination (catalogue page 5), the Bench Press and the Quad Extension (catalogue page 7). The idea is to enhance the Walk the Yorke Experience too. Thank you for taking the time to contact me and provide feedback. I welcome and look forward to hearing your thoughts.

If we can afford it, the Project Team are keen to do a professional surface like what is shown in the brochure.

## Mary Herrmann

---

**From:** Mary Herrmann  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer  
**Subject:** HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87013

Hi Julie,  
I just want to touch base with you and provide an update.

A lot has happened recently in respect of the Project Team, in that Steve is no longer looking after this project and there has been a change with the school and the students. Long story short, both have caused delays beyond my control but I am now working with Progress to move forward. I can assure you that the site has certainly not been locked in and we will stay in touch and work with you as we move forward.

Thanks for your patience,  
Kind Regards,  
Mary.

**From:** Julie Van Der Veer [mailto:jvdrv2@bigpond.com]  
**Sent:** Tuesday, 2 May 2017 4:18 PM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
**Subject:** Re: Outdoor Gym Equipment

Hi Mary thank you for sending the information.  
The equipment is far bigger than we imagined and as discussed we are very disappointed that there has been no consultation from the progress association with home owners who will have their view impacted by this equipment.

As mentioned when there is heavy rain like it was at Easter that area flooded as the water flows out of the drain. No car parking facility off road.

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## Mary Herrmann

---

**From:** Julie van der Veer <jvdv2@bigpond.com>  
**Sent:** Wednesday, 31 May 2017 2:06 PM  
**To:** Mary Herrmann  
**Subject:** HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87069

Thank you very much for the information look forward to working with you going forward about the Gym position.

Kind regards  
Julie

**From:** Mary Herrmann [mailto:Mary.Herrmann@yorke.sa.gov.au]  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Subject:** RE: Outdoor Gym Equipment

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Kind Regards,  
Mary.

**From:** Julie Van Der Veer [mailto:jvdv2@bigpond.com]  
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We await your reply we would be particularly disappointed if this goes ahead.

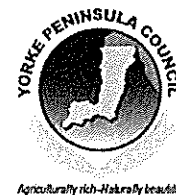
Regards

Julie van der veer

Sent from my iPad

18 September 2017

PRINCIPAL OFFICE:  
8 Elizabeth Street, Maitland  
Telephone (08) 8832 0000  
ALL CORRESPONDENCE TO:  
PO Box 57, MAITLAND, SA 5573  
Fax (08) 8853 2494  
Email: [admin@yorke.sa.gov.au](mailto:admin@yorke.sa.gov.au)  
Website: [www.yorke.sa.gov.au](http://www.yorke.sa.gov.au)



Dear Ratepayer,

## Energised Edithburgh Outdoor Gym Space

In partnership, the Yorke Peninsula Council ("Council"), the Edithburgh Progress Association ("Progress"), and the Yorketown Area School ("the School") were successful in securing funding under the Sustainable Communities Programme to create an outdoor gym space in Edithburgh.

The Stronger Communities Programme supports the Australian Government's commitment to deliver social benefits across Australia by funding small capital projects and input from the community is a key element.

The funding has provided a valuable opportunity for community members to work together towards creating a valuable, interactive outdoor gym space that will contribute to improved community health, participation and wellbeing.

In particular, students from the Yorketown Area School played a significant role in the project planning, design and risk management processes. This has provided participants with an insight into the requirements of preparing for medium to large scale projects and the opportunity for a sense of contribution to their community, along with skill development both relevant for today and into the future.

The students worked closely with Council and Progress ("the Project Team") and a local personal trainer, to consider and select some versatile outdoor gym equipment combinations, providing for a wide range of participants and abilities. We have attached pictures and information about the equipment to this letter as Attachments 1 and 2.

The Project Team have also identified the preferred location as the grassed area in front of the existing gazebo, located on O'Halloran Parade, adjacent to Cross Street, as shown in Attachment 3. Now, we would like your feedback as to the proposed location. By selecting either Option 1 – O'Halloran Parade, Edithburgh, adjacent to Cross Street or Option 2, where an alternative location can be nominated, and returning the slip at the bottom of this letter by Wednesday, 11 October 2017, you can have your say about where you would like to see the equipment located. Responses can be returned via email to [mary.herrmann@yorke.sa.gov.au](mailto:mary.herrmann@yorke.sa.gov.au), to any Council office or via mail to PO Box 57, Maitland SA 5573.

For further information, please contact Mary Herrmann at the Yorke Peninsula Council on 8832 0000 or via the above email address.

Your participation will be greatly appreciated.

Yours sincerely  
Mary Herrmann  
GOVERNANCE OFFICER



Please cut here

## Have your say!

Where do you prefer the Edithburgh Outdoor Gym to be located?

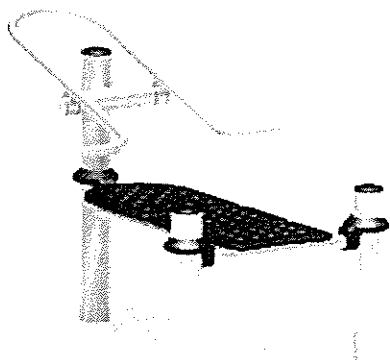
☐ Option 1 - O'Halloran Parade, Edithburgh, adjacent to Cross Street

☐ Option 2 – Alternative Location \_\_\_\_\_

Please return by Wednesday, 11 October 2017

## BRANCH OFFICES

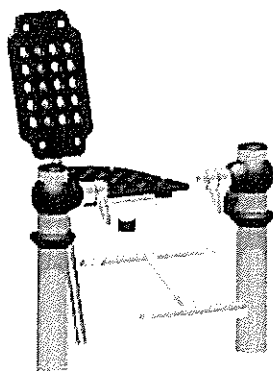
MINLATON: Phone 08 8853 3800  
YORKETOWN: Phone 08 8852 0200  
WAROOKA: Phone 08 8854 5055



## BENCH PRESS

Develops pectorals, deltoids and triceps.

Lay on the bench with head under the bar, hold onto the bar. Push the bar upwards using your arms then lower to the starting position.

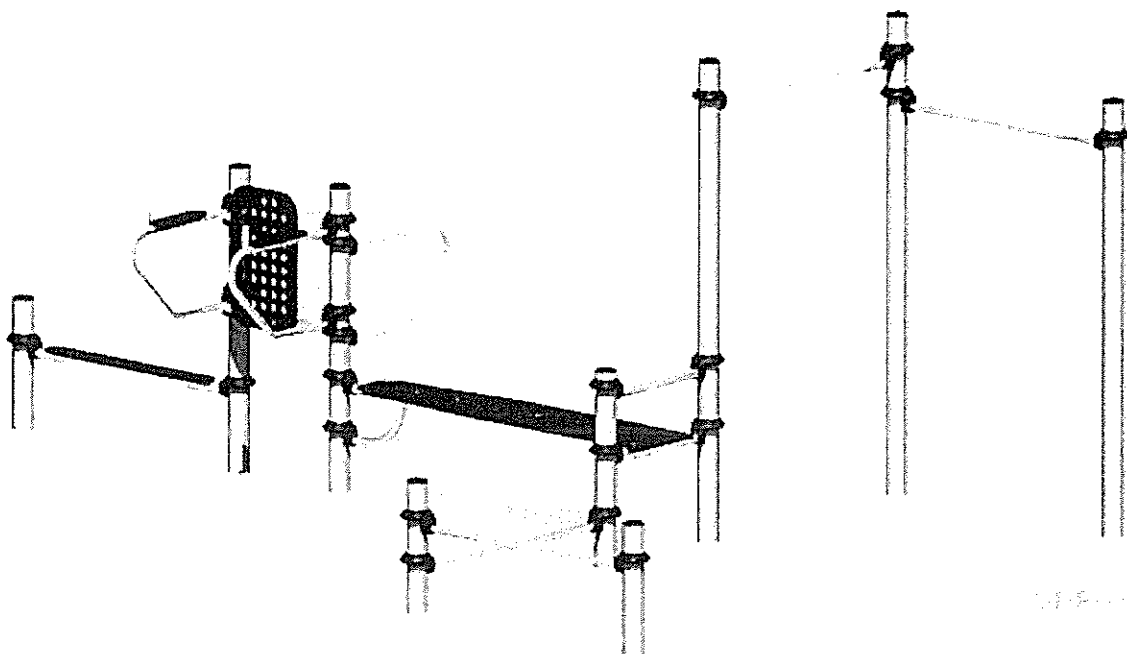


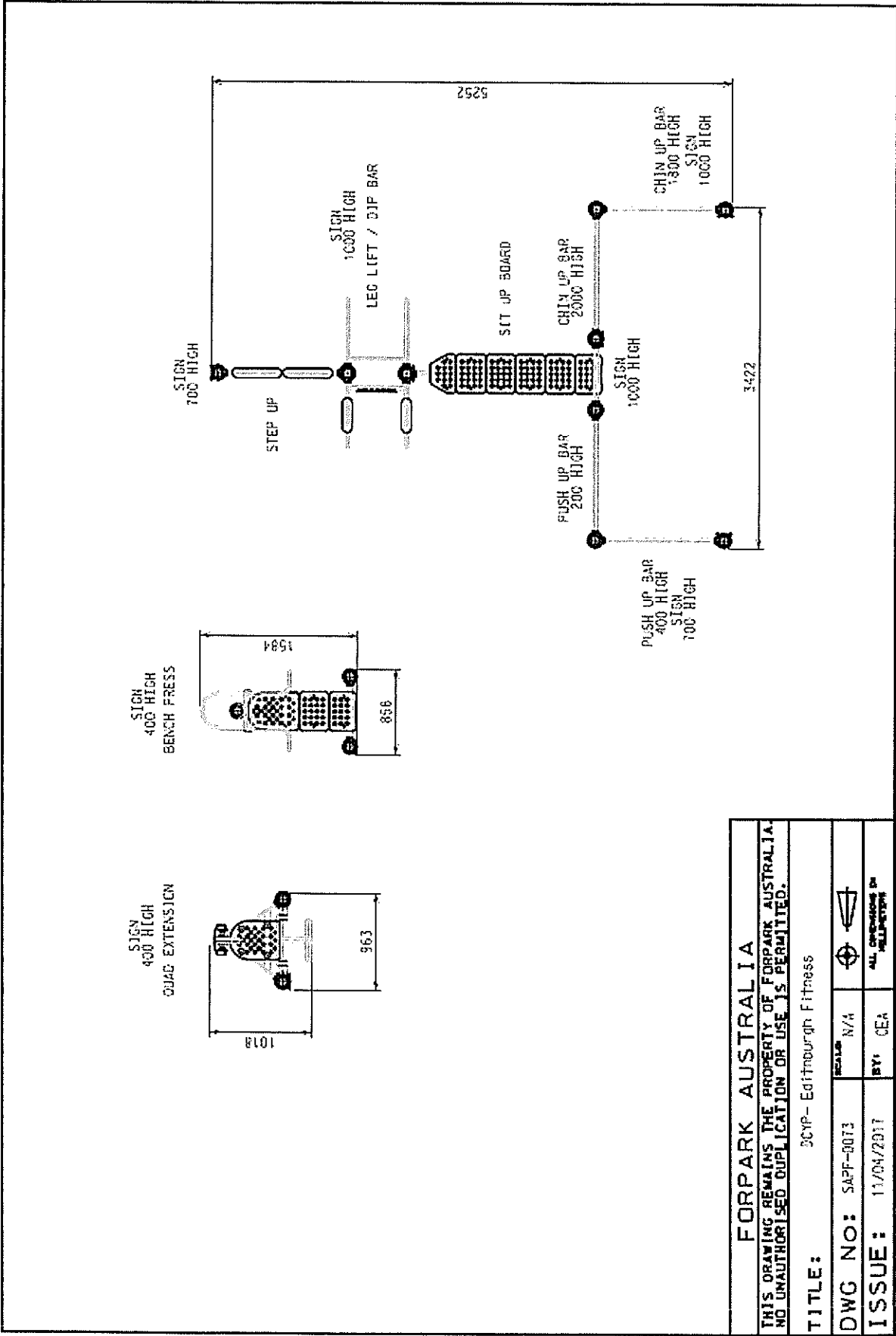
## QUAD EXTENSION

Develops quadriceps.

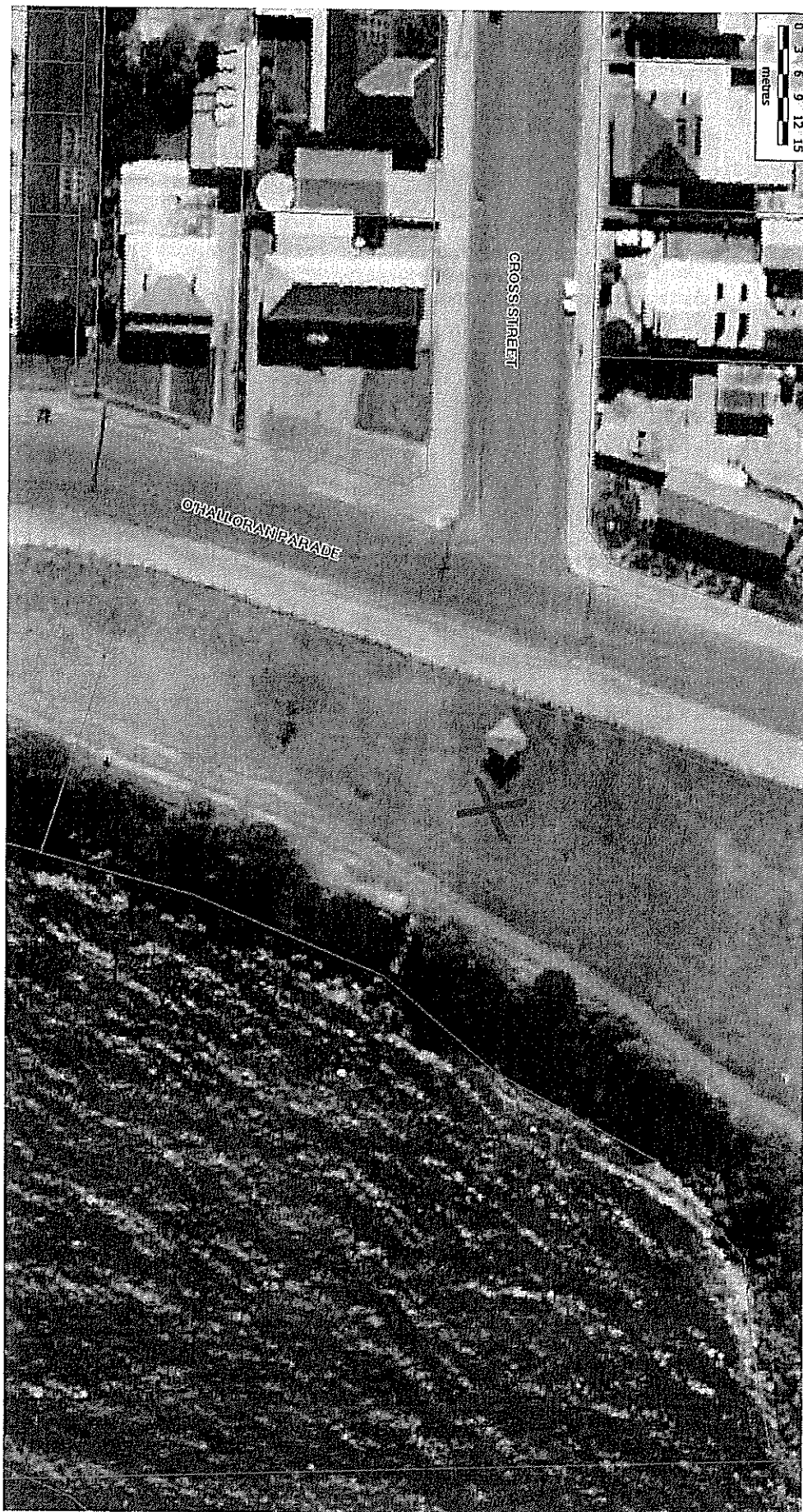
In a seated position, place knees over the top bar and with ankles under the lower front bar. Move lower legs forward and upward until knees are straight. Return to original position.

## COMBINATION









## Mary Herrmann

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**From:** Mary Herrmann  
**Sent:** Tuesday, 19 September 2017 2:18 PM  
**To:** Julie van der Veer  
**Subject:** HPRM: RE: Outdoor Gym Equipment  
**Attachments:** Consultation - Letter to Edithburgh Ratepayers.pdf

**Record Number:** 17/87015

Dear Julie,

I am writing to provide you with an update regarding the outdoor gym space in Edithburgh.

Council have decided consult with all of the ratepayers within the Edithburgh township to seek feedback on the location of the gym. Please find attached a copy of the letter for your information and you will receive an original in the mail.

Kind Regards,  
Mary.

**From:** Julie van der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Wednesday, 31 May 2017 2:06 PM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
**Subject:** RE: Outdoor Gym Equipment

Thank you very much for the information look forward to working with you going forward about the Gym position.

Kind regards  
Julie

**From:** Mary Herrmann [mailto:Mary.Herrmann@yorke.sa.gov.au]  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Subject:** RE: Outdoor Gym Equipment

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I just want to touch base with you and provide an update.

A lot has happened recently in respect of the Project Team, in that Steve is no longer looking after this project and there has been a change with the school and the students. Long story short, both have caused delays beyond my control but I am now working with Progress to move forward. I can assure you that the site has certainly not been locked in and we will stay in touch and work with you as we move forward.

Thanks for your patience,  
Kind Regards,  
Mary.

**From:** Julie Van Der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Tuesday, 2 May 2017 4:18 PM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
**Subject:** Re: Outdoor Gym Equipment

Hi Mary thank you for sending the information.

## Mary Herrmann

---

**From:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Sent:** Tuesday, 19 September 2017 4:21 PM  
**To:** Mary Herrmann  
**Subject:** HPRM: Re: Outdoor Gym Equipment

**Record Number:** 17/87074

Hi Mary

Thank you for keeping us informed will complete the form when received. As mentioned no one is against the gym the location is the issue.

Kind regards  
Julie

Sent from my iPad

On 19 Sep 2017, at 2:17 pm, Mary Herrmann <[Mary.Herrmann@yorke.sa.gov.au](mailto:Mary.Herrmann@yorke.sa.gov.au)> wrote:

Dear Julie,  
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Julie

**From:** Mary Herrmann [<mailto:Mary.Herrmann@yorke.sa.gov.au>]  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <[jvdv2@bigpond.com](mailto:jvdv2@bigpond.com)>  
**Subject:** RE: Outdoor Gym Equipment

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A lot has happened recently in respect of the Project Team, in that Steve is no longer looking after this project and there has been a change with the school and the students. Long story short, both

## Mary Herrmann

---

**From:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Sent:** Thursday, 21 September 2017 2:00 PM  
**To:** Mary Herrmann  
**Subject:** Re: Outdoor Gym Equipment

Hi Mary just thought we are at Edithburgh until mid January so would you mind sending me a copy of letter to PO Edithburgh as the original letter will go to Adelaide and we would hate not being able to put our comments

Regards  
Julie

Sent from my iPad

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**From:** Mary Herrmann [<mailto:Mary.Herrmann@yorke.sa.gov.au>]  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <[jvdv2@bigpond.com](mailto:jvdv2@bigpond.com)>  
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Thanks for your patience,



## Mary Herrmann

---

**From:** Mary Herrmann  
**Sent:** Tuesday, 26 September 2017 11:34 AM  
**To:** Julie Van Der Veer  
**Subject:** HPRM: RE: Outdoor Gym Equipment  
**Attachments:** Consultation - Letter to Edithburgh Ratepayers - Edithburgh Outdoor Gym.PDF  
  
**Record Number:** 17/87017

No problem Julie, please find attached.

**From:** Julie Van Der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Thursday, 21 September 2017 2:00 PM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
**Subject:** Re: Outdoor Gym Equipment

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Julie

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**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <[jvdv2@bigpond.com](mailto:jvdv2@bigpond.com)>  
**Subject:** RE: Outdoor Gym Equipment

## Mary Herrmann

---

**From:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Sent:** Friday, 22 September 2017 9:14 AM  
**To:** Mary Herrmann  
**Subject:** HPRM: Re: Outdoor Gym Equipment

**Record Number:** 17/87079

Hi Mary given our previous conversations we are hoping that you will accept this email in response to the gym survey just in case we do not get letter.

While we are not against the concept of the gym our preference would be option2 for the placement of the equipment. We feel by the swimming pool would make far more sense as parents take their children for swimming lessons and could use the gym then also there are toilets at the site.

The other positive for the swimming pool site is off road car parking.

Will wait to hear

Kind regards  
Julie

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**From:** Mary Herrmann [<mailto:Mary.Herrmann@yorke.sa.gov.au>]  
**Sent:** Wednesday, 31 May 2017 9:32 AM  
**To:** Julie Van Der Veer <[jvdv2@bigpond.com](mailto:jvdv2@bigpond.com)>  
**Subject:** RE: Outdoor Gym Equipment

## Mary Herrmann

---

**From:** Mary Herrmann  
**Sent:** Tuesday, 26 September 2017 12:39 PM  
**To:** Julie Van Der Veer  
**Subject:** HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87020

Hi Julie,  
Sorry, I hadn't caught up with this email when I replied to the earlier one. Yes, your email will be fine as your feedback.

Thanks again and I will keep you posted.

Kind Regards,  
Mary.

**From:** Julie Van Der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Friday, 22 September 2017 9:14 AM  
**To:** Mary Herrmann <Mary.Herrmann@yorke.sa.gov.au>  
**Subject:** Re: Outdoor Gym Equipment

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Kind Regards,  
Mary.

**From:** Julie van der Veer [mailto:jvdv2@bigpond.com]  
**Sent:** Wednesday, 31 May 2017 2:06 PM

## Mary Herrmann

---

**From:** Mary Herrmann  
**Sent:** Tuesday, 28 November 2017 1:08 PM  
**To:** 'Julie Van Der Veer'  
**Subject:** HPRM: RE: HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87102

Hi Julie,

A report regarding the location of the outdoor gym at Edithburgh is being prepared for the Elected Members to consider at the next Council Meeting, to be held on Wednesday, 13 December 2017 from 5:30pm in the Council Chambers, Minlaton Town Hall, 57 Main Street, Minlaton.

The purpose of the report is to provide the Elected Members with the results of the community consultation process undertaken in regards to the gym location. The results of the consultation process in respect of the location are as follows:

A twenty percent survey response rate was achieved and this is understood to be a good result, with an average response expected of around ten percent.

Of the five hundred and seventy one letters distributed, hundred and sixteen responses were received, with fourteen respondents nominating a second or more locations. Sixty eight respondents (59%) selected the Project Team's preferred location (on the grassed area in front of the existing gazebo located on O'Halloran Parade, adjacent to Cross Street). The second most popular location was next to the swimming pool with thirty two respondents (28%) nominating this as their preferred location. Several other locations were also nominated but with much lower percentages.

The feedback received will be provided to Council and this would typically include the email correspondence between you and I, however it is up to you as to whether or not it is included. Would you like the emails between you and I, regarding the location of the gym, to be included in to the report?

The Council agenda will be made available to the public at least three days clear of the meeting via Council's website.

Kind Regards,  
Mary.

**From:** Mary Herrmann  
**Sent:** Tuesday, 26 September 2017 12:39 PM  
**To:** Julie Van Der Veer <jv2@bigpond.com>  
**Subject:** HPRM: RE: Outdoor Gym Equipment

Hi Julie,

Sorry, I hadn't caught up with this email when I replied to the earlier one. Yes, your email will be fine as your feedback.

Thanks again and I will keep you posted.

Kind Regards,  
Mary.



## Mary Herrmann

---

**From:** Julie Van Der Veer <jvdv2@bigpond.com>  
**Sent:** Tuesday, 28 November 2017 4:35 PM  
**To:** Mary Herrmann  
**Subject:** HPRM: Re: HPRM: RE: Outdoor Gym Equipment

**Record Number:** 17/87492

Hi Mary thank you for the follow up information, yes I would like our comments provided to the meeting.

Await the outcome with interest

Regards  
Julie

Sent from my iPad

On 28 Nov 2017, at 1:08 pm, Mary Herrmann <[Mary.Herrmann@yorke.sa.gov.au](mailto:Mary.Herrmann@yorke.sa.gov.au)> wrote:

Hi Julie,

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Kind Regards,  
Mary.