YP LEISURE OPTIONS
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UPDATED CONTACT
NUMBER

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> NDIS REGISTRATION ID: 4-3LL-1238







Hello everyone, I hope you are all keeping warm and well through these very chilly mornings and evenings.

We have successfully completed the registration process and YP Leisure Options is a Registered NDIS Provider. This means we will be able to continue to provide the supports the service has always provided to our members as they transitioned to the NDIS.

We are registered to provide the following support categories;

Transport, Social Support Groups, Annual Trip/Holiday, Living Skills, Innovated Community Participation and Advocacy. We have been endorsed to provide case management and local coordination also, at the time of printing this newsletter this isn't showing up in the NDIS Portal and I am waiting to hear back from their helpdesk about why this is.

For the first time people living with a disability are being asked what supports they need - Choice and Control - it has been very exciting to talk with our members about making goals and thinking about what they want. Hearing from members after they have their planning meetings about all the wonderful new plans they have has been a privilege to be a part of.

Kind regards,

Tanya Walsh

YP Leisure Options Coordinator

NDIS Information Session

Wednesday 18th of July

Minlaton Town Hall

10.30am to 12pm

The Local Area Coordinators for our region are Baptcare. Feedback from families who have had planning meetings has been very positive. YP Leisure Options has had talks about the lack of information and awareness for families living in the Southern Yorke Peninsula region about how to access the NDIS if they are not already registered. These discussions have led to a request to have an information session about the NDIS and the council has offered the use of the Minlaton Town Hall for the NDIS and Baptcare to deliver the session.

Baptcare will provide an information session including a visual presentation and an opportunity for the community to ask questions. Bookings are preferred and can be made online. YP Leisure Options will offer transport for members who need assistance to attend. Please phone, text or email using the contact information on the front of this newsletter if you would like transport, we have limited seating but will do our best to support members and their carers to attend.

I am hoping the Information Session will be well attended by the community so we are able to have more information sessions held in Southern Yorke Peninsula region so members who cannot access transport easily can access the information they need without the cost or burden of paying for a service or asking family members, carers and friends to provide travel, over 100kms one way!

Transport Fees

We have now introduced a transport fee, the fee is based on the km's travelled to transport members to groups and on excursions. We have two vehicles for transportation and reimburse volunteers who transport members using their own vehicles. Members attending our groups can receive funding through the NDIS for transport or apply for Mobility Allowance from Centrelink.

YP Leisure Options can provide a letter to support applications for Mobility Allowance.

Transport over 10kms and under 50 kms is \$5, here are some examples of the transport between towns that we provide;

Maitland to Minlaton is 46kms, this will cost \$5 plus our group fee of \$10.

Minlaton to Yorketown is 30kms, this will cost \$5 plus our group fee of \$10.

If you live in Yorketown and we provide transport to Tree Propagation group in Yorketown the transport will be less than 10kms and this will not attract a transport fee,

only the group fee of \$10.

If you have any questions please contact YP Leisure Options to discuss.



We are planning to go to Pt Augusta this year for 2 nights. Exploring the Arid Lands Botanic Gardens and a trip on the Pitchi Richi Railway line to see the Flinders Ranges.

Accommodation, Dates and Prices are now being explored.

The expected cost for accommodation and transport would be under \$300.

Meals and activities will be an extra cost, we will let members and their families know of what is available over the next few weeks.

Fundraising

We have had a busy few months with fundraising!

On May 4th we had our Mother's Day Stall in Minlaton. Members and volunteers helped sell raffle tickets in Yorketown and Minlaton, gather donations so we had 8 raffle prizes and set up and ran the stall. The fundraising was split up between the Woodshed, Tree Propagation and Living Skills to buy new items and supplies the group leaders had requested.

On the 22nd of June Tree Propagation held their Annual Tree Sale at Yorketown. Buyers began arriving early and orders were coming in after the event too. Members and volunteers have been working very hard to ensure they had some great quality stock for the day. The fundraising from this event went to purchasing new irrigation for the area to be expanded.

An Update About Funding

CHSP

HACC

NDIS

People living in our community who are frail aged and living at home are funded from the Commuity Home Support Package (CHSP) funding. Referrals for are made through the My Aged Care Portal, YP Leisure Options can assist with these referrals. Anyone using our service prior to 2016 was transitioned from previous funding to being eligible for CHSP funding. If your needs increase and more services are needed a referral through the My Aged Care Portal is needed. We recently had our an audit on our service to ensure we meet the standards, this process helped grow our understanding the referral process for members. We have brochures about the My Aged Care Portal in our foyer area if any members would like more information.

Our Core Groups are currently funded through Home And Community Care (HACC) this funding will be replaced by NDIS as members have their plans developed.

Social & Recreational Support Group Catch Up

Arts and Crafts - Have had a big clean out of supplies and equipment and reorganized the store room. Members have been actively participating in brainstorming activities that they want to complete. We have produced some amazing projects so far including Geometric Canvas, button necklaces, fabric storage boxes, Mothers Day -Suncatchers with PAC Students, Self Portraits, working with Collage, Wooden beaded necklaces and keyrings. We have a large wall with full colour photos in our Arts and Crafts area for members to show visitors and PAC students all their amazing work they have completed and taken home. We are hoping to have an art show of craft that has been completed by the end of the year.

Fun and Games- PAC Students now visit our group, which has proven to be popular with lots of activities including bowling, duck duck goose, uno and board games. We have been busy having a big clean out of games and equipment that is not used or no longer suitable. We are looking at setting up our Volley Ball net with the help of woodshed making a new stand. Members have also been busy brainstorming activities and excursions for the next 12 months, which includes a trip to the movies, Alice in Wonderland high tea with members playing Croquet and a Mini Olympics Event. We are hoping to have fun for everyone!

Tree Propagation have been busy weeding and preparing for the upcoming tree sale. We recently contacted Bunnings about our wish to expand our planting table area and irrigation system. We received a \$200 Bunnings gift card towards this project. This is a great start!! We have had poor germination this year with our seeds, we are hoping to do a seed collection of local natives later this year. Groups are fortnightly over the colder months but we have been busy, we are looking at introducing tree folders for members with samples of leaves and flowers of our native plants, drawing and pictures and fact sheet for members to increase their knowledge.

Cooking group This group is structured for members to do as much as they can on their own with guided support from staff, volunteers and Group Leaders. We are always trying to find new ways to improve our members skills and identify the gaps that they need more support with. Preparing, cooking and eating a healthy meal is an achievable goal for all in this group. Cooking Group headed down to Point Turton Hall with PAC Students and we made Apricot Chicken and Black Forrest Cake - YUM!! We have also purchased new equipment this includes 2 x knifes set, Kleva knife sharpeners, can opener, Food Processor, 2 x cutlery sets, and cake tins.

Living Skills - Have had the old overgrown area next to the town hall at the front removed and fresh soil added for our Living Skills group to plant herbs that can be used in our cooking groups. YPVets visited for a PetEd session with some cute little animals, Chooks, bunnies, cat and a turtle. This was an opportunity for members to look touch and or hold if they felt comfortable.



some exciting new projects

ALL SMILES

We were lucky enough to road test all the arcade machines before **YORKON Convention**







On Thursday 24th of May Yorke Peninsula Council and Mayor Ray Agnew held a Morning Tea to recognise the wonderful effort members of our community contribute to services throughout the Yorke Peninsula.

YP Leisure Options members who were able to attend were presented with Thankful Certificates members had made for them recognising the time, skill and compassion our volunteers provide.

I was able to present Bev with a special recognition award for her amazing contribution assisting transport drivers and members at groups across 4 days a week, working from 8.30am and sometimes to 5.30pm. The Orchid Society of SA were wonderful with finding a White Crucifix Orchid to present to Bev at the Morning Tea.

Thank you to all of our volunteers!

Tree Propagation Volunteers

Laurie Phil

and Bruce with Tree Propagation member Mel











Tanya Walsh, Bev Venning and Vicki Clark

Cooking and Arts & Craft Volunteer Bronny



Rack Row: Bronnie and Kelly Maywald, Tanya Walsh, Marie Brown, Peter Dixon, Andrew Driscoll and Barry Moyle Front Row: Nev Venning, Linda Randall and Viski Clark

Cooking and Fun & Games Volunteer

Marie





Birthdays

Wishing our members and volunteers a Very Happy Birthday!

July

August

31st John (MAGS)

1st Laurie (Trees)

26th Clayton

30th Barry (Woodshed)

September

9th Keith R

October

3rd Keith W (Woodshed)

18th Cameron

November

4th Jan (Trees)

28th Kelli



December

6th Jess

8th Sheryn

14th Luke